

April 23, 2020

Dear Parishioners,

I just received a phone call from First Baptist in Cambridge asking me to spread the word that food will be given away to families in need on Tuesday, April 28 between 3:30-4:30pm. If you have any questions please call 651-274-3842.

We do have some funds available in our Good Samaritan Fund in each of our parishes to assist needy families as well. We are blessed to be able to work with area churches in offering assistance and I am thankful for the generosity of people, especially during these challenging times.

People who have been able to provide for themselves and their loved ones in the past have suddenly found themselves in predicaments that are impacting them financially, emotionally and spiritually. If you or someone you know is in need please reach out to us and we will try to assist you or direct you to someone who can help you.

I also want to offer this bit of advice in regards to mental health issues. Domestic violence is triggered by many factors...mental illness, addictions, fear, loss of control, anxiety, broken trust, unrealistic expectations, unresolved anger, un-forgiveness, to name a few. To help tensions from escalating, pause and take several deep breaths, step away from the situation, take a walk, talk to God in prayer, call a trusted friend and consider seeking counseling. Violence is not the answer.

Easter Season Blessings,

Fr. Don Wagner